



Basics of Pastoral Care

Course Programme

Date: Saturday 6th April 2019
Timing: 9.00pm - 4.30pm
Venue: St Giles Church, Chalfont St Giles

Course objective:

To provide course participants with a basic appreciation of the disciplines of pastoral care and explore and develop the skills and knowledge required to become a competent Pastoral Carer within a parish context.

Session 1: What is Pastoral Care and what do I have to offer?

Overview and context of pastoral care in the parish; what can I offer? Knowing myself; developing a practical assignment.

Session 2: Making a visit

Practical things to consider; organising visits, how long? Faith questions, personal boundaries difficult cases and referring on

Session 3: Ways of communicating

What do I say? Skills of listening. Connecting with those for whom communication is difficult such as physical or mental impairment. Culture and ethnicity

Session 4: Bereavement and loss

How individuals might be affected by bereavement and other life changes. Basic models of bereavement

Session 5: Working Responsibly and Safely as a Pastoral Carer

Protecting oneself, safeguarding of others, legal responsibilities.

If you would like to attend please email Reverend Ian Brown at: rectorcsg@stgileschurch2.plus.com by Friday 31st March, so that he can organise catering for the day.

Note: It is expected that course members will complete Module C1 of Safeguarding, a distance learning module provided by the National Church or attend a suitable Diocesan course. Details will be provided prior to and during the course.